

See a therapist or psychiatrist from anywhere.

Download the Doctor On Demand® app on your phone or use your computer to connect to high-quality virtual mental health care.

You have mental health care available at your fingertips.



Virtual care available anywhere

Connect to a virtual visit from anywhere you have internet access.



Top therapists and psychiatrists

See an experienced professional who can help with your mental health.



Your choice of friendly doctors

Pick the therapist or psychiatrist you feel most comfortable seeing.

How to get started:

1. Download the Doctor On Demand® app.
2. Search for and select your insurance carrier when you activate your account.
3. See the first available provider.

Get the right care for your mental health.

See a therapist for help with:

- Stress
- Anxiety
- Depression
- Relationships
- And more

See a psychiatrist for help with:

- Severe depression
- Overwhelming anxiety
- Bipolar disorder
- Eating disorders
- And more



Download the app.

