

# Get primary, urgent, and mental health care online and on your time.

Doctor On Demand® by Included Health connects you to high-quality care online from your phone, tablet, or computer.

## Get online care that goes beyond the screen.



See a primary care doctor online in days instead of waiting weeks.



Get urgent care virtually from your phone or computer, 24/7/365.



See a licensed therapist online for mental health support when you need it.



See a board-certified psychiatrist online night or day.

## How do I get started?

1. Download the Doctor On Demand app.
2. Search for and select your insurance carrier when you activate your account.
3. Book a visit today.



**Download the app.**

